

Resources for Neurodivergent Children and young people



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We are currently supporting many children and young people in our schools and communities with neurodivergent profiles. Helping children and young people understand their neurodiversity and be with like-minded people is a key part of supporting their wellbeing and sense of identity. The resources below can be accessed by young people, families and schools to help promote awareness and understanding.

LEANS - LEARNING ABOUT NEURODIVERSITY AT SCHOOL

LEANS is a free school-based resource which seeks to teach upper primary children about the concept of neurodiversity.

LEANS
Learning About Neurodiversity at School



Click [here](#) for more information, to download the toolkit, and to consider if it is right for your school

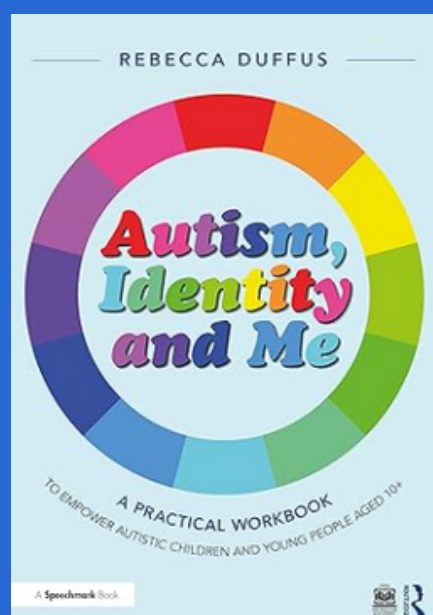
AMBITIOUS ABOUT AUTISM - KNOW YOUR NORMAL

A neuroaffirming resource which can support neurodivergent children and young people to develop a personal passport which can help themselves and those around them to understand their "normal".

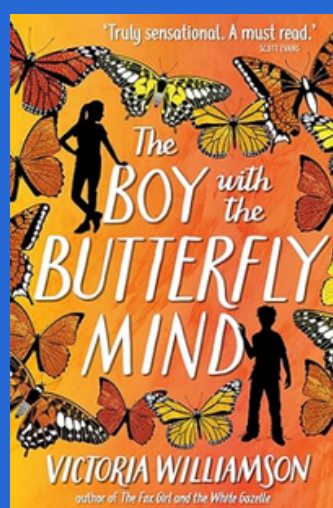
Click [here](#) for more.



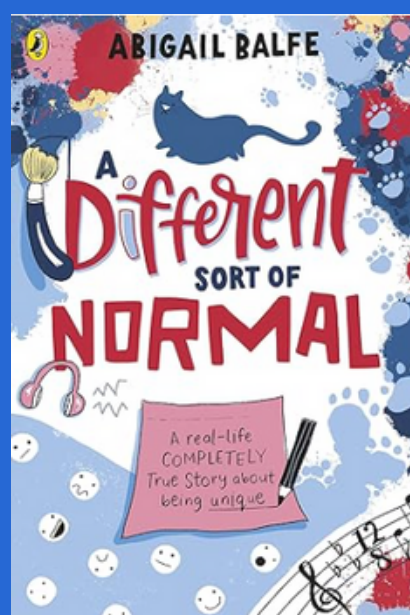
BOOKS RELATING TO NEURODIVERSITY:



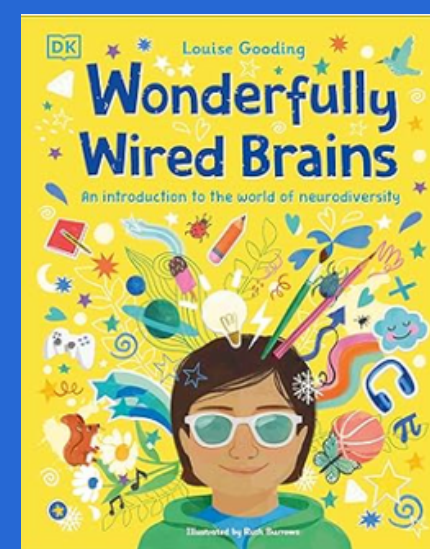
Autism, Identity and Me



The Boy with the Butterfly Mind



A Different Sort of Normal



Wonderfully Wired Brains



For a selection of books recommended by the PDA society, click [here](#).

NAS EMPOWER UP GROUP

This programme of support is aimed at autistic young people ages 12-19 who are living in Glasgow (and surrounding areas). Participants will benefit from structured support to build and develop social navigation strategies and confidence. Social groups will also be created to encourage the development of peer friendships. Empower Up will take place over the course of 40 weeks, where participants will access 20 Social Navigation sessions and 20 Social Group sessions. **There is also a Scotland Wide online group for young people between the ages of 12 and 15. Visit:** <https://www.autism.org.uk/what-we-do/scotland/empower-up>



DIFFERABLED WORKSHOPS

DIFFERabled are offering a FREE 5 week course for neurodivergent young people, in connection with [DEKKO Comics](#). The course suits 9-14 year olds (late primary to secondary years). The course begins in January during school hours, and is based from [The Glasgow Science Centre](#). Each young person with their parent / carer can attend the course which looks at how neurodivergent students can struggle in school and provides some understanding of how they can use neurodiverse strengths to implement different ways of learning.

UNCOMMON

Our fun affordable online courses, clubs, camps and community help neurodivergent t(w)eens (age 8-16) make friends, meet role models, get creative and feel confident.

Click [here](#) for more.

SCRATCH GROUP

Quizzes, competitions, a virtual reality project & more. Takes Place Zoom, Thursday 7pm - 9pm @ Ardeer Centre. Age 13+. For more information contact: Craig Burns cburns@north-ayrshire.gov.uk or Gordon Cowan gcowan@north-ayrshire.gov.uk

LOCAL GAMERS' GROUP

Monday evenings, 7pm - 9 pm @ Ardeer Neighbourhood Centre, Stevenston. Activities include console gaming, board and card games (Uno is popular), VR gaming, and access to 3D printing. Wide age range (early secondary to 18+). Group for older players interested in Dungeons and Dragons, among other role-playing games. Most members are neurodivergent and use this opportunity to engage with other young people or build confidence in their social skills. For more information contact: Craig Burns cburns@north-ayrshire.gov.uk or Gordon Cowan gcowan@north-ayrshire.gov.uk

